



Sylvana's Services

Sylvana's state-of-the-art non-surgical procedures and products – used individually or in combination with each other – can help you to accomplish your goals. We are one of the few clinics in the area to offer both Pearl[®] and Fraxel[®], plus Juvederm[®] and Radiesse[®] dermal fillers.

Our complete services include:

Pearl[®]

New healthy, vibrant skin with a "pearl-like" glow

Pearl is another new laser procedure for treating sun damage, uneven texture, brown spots, and fine lines with minimum downtime and risk. It's ideal for patients of almost any age searching for a safe and uncomplicated way to restore the skin's youthful look and feel with just one or two treatments.

During the approximately 15-minute procedure, pulses of light are gently delivered to the epidermis. The laser simultaneously sends heat to the deeper layers of skin to stimulate longer-term collagen growth. A natural protective layer then forms on the skin. The treated skin will look and feel slightly sunburned, but on the fifth day, the protective layer will peel away, leaving new, healthy, vibrant skin, with a "pearl-like" glow.

Fraxel[®]

Rediscover the fresh, healthy skin of your youth

Fraxel Laser Treatment targets older, more damaged skin by creating microscopic disruptions within the targeted areas that penetrate well beneath the skin's outermost layer. This triggers the body's own natural production of new collagen and skin cells. And because Fraxel combines the impact of more invasive lasers with the gentleness of safer, non-invasive lasers, healing is fast with minimal downtime.

Fraxel can:

- Improve texture tone and pore size
- Erase unwanted brown spots
- Smooth wrinkles around the eyes
- Reduce acne scars
- Rejuvenate your neck, chest and hands

In addition, we offer other types of laser therapies that even out skin tones and reverse sun damage.

BOTOX® Cosmetic

Remove Frown Lines & Soften Your Look

Years of squinting, laughing, frowning, smoking and worrying often cause the skin around the eyes and forehead to develop deep lines and wrinkles that can make you look older, tired or stressed. In the past, these advanced furrows were difficult to treat. However, Botox is a muscle-relaxing agent that can smooth those lines and make you look

Dermal Fillers - Restylane®, Radiesse® and Juvederm™

For Youthful, Plump Lips and Cheeks

These include Restylane® and new, next-generation long-lasting fillers like Radiesse® and Juvederm™ that restore volume and fullness to your face by plumping up your lips and cheeks. Dr. O'Connell has also been specially trained in the VolumaLift™. With this procedure, she uses the filler that best meets the patient's needs -- along with her artistry -- to give patients natural, full cheeks and diminish lines and sagging around the mouth and jowls. In short, it recaptures the contours of youth safely, effectively and non-surgically.

Vibraderm™

Smooth & Brighten Your Complexion

Vibraderm is the new generation of Microdermabrasion. It uses a high vibration paddle to gently exfoliate the skin. Vibraderm technology is similar to a high-vibration toothbrush that vibrates away the plaque build-up on teeth. Similarly, Vibraderm vibrates away dead skin cells and stimulates production of new collagen in the deepest layers of the skin.

PhotoDynamic Therapy

Experience Dramatically More Beautiful Skin

We use our advanced light systems and topical applications of Levulan® (aminolevulinic acid), to restore a more youthful appearance to your skin by efficiently treating redness, flushing, pigmentary problems, scars and wrinkles. The result of PhotoDynamic Therapy is dramatically smoother, healthier, younger-looking skin. Treatments are strategically spaced, and recovery includes moderate stinging and redness.

Chemical Peels

Freshen & Rejuvenate Your Skin

These are topically applied formulations that help restore and rejuvenate your skin's surface. The result is a uniform and controlled shedding of several layers of the skin where damage is most apparent. Depending on the nature and depth of the chemical peel, a significant number of layers can be exfoliated, which exposes new growth and fresh, vibrant skin.

Titan™ Laser

For a more Youthful Complexion and Firmer Skin

The Titan Laser rejuvenates the skin at a deep level by delivering light energy to the dermis. This tightens the skin of the cheeks, jowls and forehead, so you have fewer lines, folds and loose skin. It's perfect for people who want a "lift" without surgery.

And Introducing DermaSweep!

DermaSweep is the latest innovation in skin rejuvenation, and features an alternative to traditional crystal microdermabrasion systems. DermaSweep gently lifts the skin surface as the device "sweeps away" the dead skin layer, resulting in a deeper exfoliation and polish of your skin. The increased blood flow encourages collagen formation, thus firming and toning your skin.

Laser Hair Removal

Get Rid of Unwanted Hair

This is a non-invasive approach to permanently remove hair. Your laser hair removal treatment plan will be designed to eliminate undesired hair from any part of your body. And, our state-of-the-art technology can safely be used on dark skin and different hair types, and provides excellent results for both men and women.

Unlike many other treatment methods, laser therapy leaves your skin looking and feeling smoother and softer. It can even treat the fine hair on a woman's upper lip just as easily and effectively as the coarse hair on a man's back. The cooled hand piece used at Sylvana increases patient comfort and minimizes adverse skin reactions.

New! Smartlipo® - Laser Body Sculpting of the future!

The Sylvana Institute was the first medical aesthetics practice in the greater Washington-Baltimore area to offer this break-through, FDA-approved laser lipolysis procedure that vaporizes fat and permanently tightens the skin.

Compared to traditional liposuction, SmartLipo uses a tiny 1mm laser probe that removes fat without painful suctioning:

- Minimally invasive – no blood, stitches or scars
- No general anesthesia
- Skin tightening continues over time

Jeanne O'Connell, M.D., has used SmartLipo to sculpt chins, necks, abdomens, love handles, saddlebags, upper arms, bra bulges, etc.

"SmartLipo may be as close as humans can come to that fat-melting fantasy." People Magazine

In addition, Sylvana offers traditional Lipotherapy

This involves injecting specific medications to break down localized excess fat. Dramatic results are seen within five to eight treatments, as jowls and other problem areas are significantly improved.

Acne Treatments

Clearer Skin for Childhood and Adult Acne Sufferers!

Sylvana offers the **CLENZIderm M.D. Acne Therapeutic System** by Obagi, and the new **Fraxel®** Laser Treatment, to alleviate acne scarring.

The CLENZIderm M.D. Acne Therapeutic System is a prescription-strength, three-step anti-acne system. It uses a revolutionary new liquid-gel form of benzoyl peroxide in combination with salicylic acid that allows for deeper penetration to control acne – fast! In a clinical study, in three weeks it:

- Reduced sore red acne by 62%
- Reduced blackheads and whiteheads by 47%

Using CLENZIderm M.D. every day, you can reduce the visible signs of acne in as little as two weeks and prevent new acne breakouts, helping you maintain clear, healthier skin.

The system includes:

- **Obagi CLENZIderm MD Daily Care Foaming Cleanser**, (4 fl. oz.) Gentle foaming salicylic acid cleanser which removes dirt and acne-causing excess oil and leaves the skin clean and refreshed.
- **Obagi CLENZIderm MD Pore Therapy**, (4. fl. oz.) A salicylic acid acne treatment which unclogs pores and clears dead skin cells. Pore Therapy prepares pores to deeply absorb the Serum Gel.
- **Obagi CLENZIderm MD Serum Gel**, (1.8 oz.) The only liquefied benzoyl peroxide acne treatment. Using Soluble Therapeutics technology, this Serum Gel delivers medication deep within the pores to clear acne quickly which helps prevent new breakouts from occurring by targeting acne at its source.

The Fraxel Laser Treatment targets aging and acne-damaged skin by creating microscopic disruptions within the targeted areas that penetrate well beneath the skin's outermost layer. This triggers the body's own natural production of new collagen and skin cells. And because Fraxel combines the impact of more invasive lasers with the gentleness of safer, non-invasive lasers, healing is fast with minimal downtime.

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Skin Care

The Sylvana SolutionSM Can Dramatically Improve Your Skin!

Not all skin care products are the same. Kateri DeLaney, R.N. and Clinical Director, specializes in researching the many new products and cosmeceuticals that are available today.

Like cosmetics, cosmeceuticals are topically applied, but they improve

skin by penetrating below the surface to deliver necessary nutrients at all levels of the skin.

The Sylvana Solution is a three-step process:

1. The VISIA® Complexion Analysis multi-spectral imaging system measures your skin's health and appearance. VISIA allows us to record both standard and UV photography and measure surface and subsurface skin conditions. Once done, the reports are customized for each patient in an easy-to-read format.
2. Then, selecting from various families of products that have been proven to deliver results, we create a customized plan to correct and repair your skin, and protect it from future damage.
3. Then we measure progress as your skin improves, and may recommend additional products or procedures to maximize your results.

The skin care product lines that we recommend products from include:

- Skinceuticals
- SkinMedica
- Neocutis
- PCA
- Glytone
- Obagi – including the CLENZIderm M.D. Acne Therapeutic System